









OCTOBER 2009

SATSOP MENU

Reduced Lunch: \$.40
Lunch: \$2.00
Breakfast: \$1.00
Milk: \$.35

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Burritos Green Beans Diced Peaches Condiments Chocolate or 1% Milk	2 Ham & Pineapple Pizza Broccoli Bites Fresh Pears Oatmeal Cookie Condiments 
			Bkft--Baglers	Bkft--Whole Wheat Bkft Bars
5 Super Nachos Carroteenies Banana Condiments Chocolate or 1% Milk	6 Turkey & Cheese Sandwich Cucumber Swirls Applesauce Cup Condiments Chocolate or 1% Milk	7 Chili Cheesy Breadsticks Mixed Green Salad Red Delicious Apple Condiments Chocolate or 1% Milk	8 Cheese Burger on a Bun Sweet Corn Lunch Bunch Grapes  Condiments Chocolate or 1% Milk	9 TEACHERS WORKSHOP NO SCHOOL
Bkft---Yogurt & Goldfish Grahams	Bkft--Oatmeal Bar & String Cheese	Bkft---Trix Bar & Yogurt	Bkft--Baglers	
12 Chicken Fryz Mixed Green Salad Banana Pretzel Goldfish  Condiments Chocolate or 1% Milk	13 BURRITOS Carroteenies Mixed Fruit Condiments Chocolate or 1% Milk	14 Turkey & Gravy Fresh Biscuits Mixed Green Salad Granny Smith Apple Condiments Chocolate or 1% Milk	15 Cheese Burger on a Bun Tater Tots Diced Apricots Condiments Chocolate or 1% Milk	16 CornDogs Broccoli Bites Sliced Fresh Oranges  Condiments Chocolate or 1% Milk
Bkft---Yogurt & Goldfish Grahams	Bkft--Bagels & Cream Cheese	Bkft---Cocoa Puff Bar & String Cheese	Bkft--Baglers	Bkft--Whole Wheat Bkft Bars
19 Chicken Teriyaki Dippers Steamed Rice Mixed Green Salad Banana Fortune Cookie  Condiments Chocolate or 1% Milk	20 Ham & Cheese Sandwich Celery & Carrot Sticks Sliced Pears Condiments Chocolate or 1% Milk	21 Chicken Fryz Mixed Green Salad Red Delicious Apple Pretzel Goldfish  Condiments Chocolate or 1% Milk	22 Cheese Burger on a Bun Green Beans Diced Apricots Condiments Chocolate or 1% Milk	23 Pepperoni Pizza Broccoli Bites Lunch Bunch Grapes  Condiments Chocolate or 1% Milk
Bkft---Yogurt & Goldfish Grahams	Bkft--Oatmeal Bar & String Cheese	Bkft---Trix Bar & Yogurt	Bkft--Baglers	Bkft--Whole Wheat Bkft Bars
26 Chicken Teriyaki Dippers with Rice Mixed Green Salad Banana Fortune Cookie  Condiments Chocolate or 1% Milk	27 CornDogs Carroteenies Mixed Fruit Condiments Chocolate or 1% Milk	28 Cheese Omelet & Sausage Sliced Fresh Oranges Box of Raisins Cherry Chocolate Muffin Condiments Chocolate or 1% Milk	29 Cheese Burger on a Bun Tater Tots Diced Peaches Condiments Chocolate or 1% Milk	30 Ham & Pineapple Pizza Broccoli Bites Fresh Pears Condiments Chocolate or 1% Milk
Bkft---Yogurt & Goldfish Grahams	Bkft--Bagels & Cream Cheese	Bkft---Cocoa Puff Bar & String Cheese	Bkft--Baglers	Bkft--Whole Wheat Bkft Bars

MENU IS SUBJECT TO CHANGE

Students may have cereal for breakfast instead of Main Choice